



Schedule Effective 11/1/2021

Monday

- 5:30-6:15 All rank Juniors
5:30-6:30 Teen/Adult/Advanced stay until 6:30

Tuesday

- 4:35-5:00 **Grasshoppers**
5:00-5:45 Basic/Novice Juniors
5:45-6:30 Intermediate/Advanced Juniors
6:30-6:45 Doshi Kai ONLY: Goju Ryu
6:45-7:45 Teen/Adult & Instructor* Junior Black Belts

Wednesday

- 5:30-6:15 All rank Juniors
5:30-6:30 Teen/Adult/Advanced/Kobudo stay until 6:30
6:30-7:00 **Kobudo All Ranks**
7:00-7:30 Advanced **Kobudo** (Green and Above ONLY STAY full hour)

Thursday

- 4:35-5:00 **Grasshoppers**
5:00-5:45 Basic/Novice Juniors
5:45-6:30 Intermediate/Advanced Juniors
6:30-6:45 Doshi Kai ONLY: Shorin Ryu
6:45-7:45 Teen/Adult All Rank and Junior Black Belts
7:45-? Teen/Adult All Rank Self-defense Applications (invitation only)

Saturday

- 9:30 -10:15 All rank Juniors/Teens/Adult
10:15-11:00 **Kobudo**
11:00-12:00 Adult Advanced Class and Doshi Kai Black Belts only

Basic =White, Purple, Yellow Novice= Orange, Blue Intermediate= Green, First 2 Brown
Advanced=last Brown and Black Note: **Doshi Kai** students may train in class one belt above rank

*Instructor black belts are Junior Black belts with teaching rank