

Monday

- 5:00-5:45 All rank Juniors**
- 5:45-6:45 Teen/Adult (Junior Intermediate may attend)**
- 6:45-7:45 Teen/Adult All Rank Self-defense Applications (*invitation only*)

Tuesday

- 4:35-5:00 Grasshoppers
- 5:00-5:45 Basic/Novice Juniors
- 5:45-6:30 Intermediate/Advanced Juniors**
- 6:30-6:45 Doshi Kai ONLY: Goju Ryu**
- 6:45-7:45 Teen/Adult & *Instructor** Junior Black Belts

Wednesday

- 5:00-5:45 All rank Juniors**
- 5:45-6:30 Teen/Adult as well as Junior intermediate AND KOBUDO Students**
- 6:30-7:00 **Kobudo All Ranks**
- 7:00-7:30 Advanced **Kobudo** (Green and Above ONLY STAY full hour)

Thursday

- 4:35-5:00 Grasshoppers
- 5:00-5:45 Basic/Novice Juniors
- 5:45-6:30 Intermediate/Advanced Juniors**
- 6:30-6:45 Doshi Kai ONLY: Shorin Ryu**
- 6:45-7:45 Teen/Adult All Rank and Junior Black Belts**

Saturday

- 9:30 -10:15 All rank Juniors/Teens/Adult
- 10:15-11:00 **Kobudo**
- 11:00-12:00 Adult Advanced Class and Doshi Kai Black Belts only

Basic =White, Purple, Yellow Novice= Orange, Blue Intermediate= Green, First 2 Brown
 Advanced=last Brown and Black Note: **Doshi Kai** students may train in class one belt above rank

***changes are in green highlight** ***Instructor** black belts are Junior Black belts with teaching rank