

Monday

5:30-6:15 All Rank Class Juniors

6:15-6:30 Doshi Kai ONLY

6:45-7:45 Teen/Adult All Rank Self-defense Applications (*invitation only*)

Tuesday

4:35-5:00 Grasshoppers

5:00-5:45 Basic/Novice Juniors

5:45-6:00 Doshi Kai ONLY: Goju Ryu

6:00-6:45 Intermediate/Advanced Juniors

6:45-7:45 Teen/Adult/Instructor Black Belts

Wednesday

5:30-6:15 All Rank Class Juniors

6:15-6:30 Doshi Kai ONLY

6:30-7:00 Kobudo All Ranks

7:00-7:30 Advanced Kobudo (Green and Above ONLY STAY full hour)

Thursday

4:35-5:00 Grasshoppers

5:00-5:45 Basic/Novice Juniors

5:45-6:00 Doshi Kai ONLY: Shorin Ryu

6:00-6:45 Intermediate/Advanced Juniors

6:45-7:45 Teen/Adult All Rank

Saturday

9:30 -10:15 All rank Juniors/Teens/Adult

10:15-11:00 Kobudo

11:00-12:00 Adult Advanced Class and Doshi Kai Black Belts only

Basic =White, Purple, Yellow

Novice= Orange, Blue

Intermediate= Green, First 2 Brown

Advanced=last Brown and Black

Note: *Doshi Kai* students can train in class one belt above rank