



Schedule Effective 02/01/2021 (changes)

Monday

- 5:00-5:45 Basic/Novice Juniors
5:45-6:30 Intermediate/Advanced Juniors
6:45-7:45 Teen/Adult All Rank Self-defense Applications (*invitation only*)

Tuesday

- 4:35-5:00 Grasshoppers
5:00-5:45 Basic/Novice Juniors
5:45-6:00 Doshi Kai ONLY: Goju Ryu
6:00-6:45 Intermediate/Advanced Juniors
6:45-7:45 Teen/Adult/Instructor Black Belts

Wednesday

- 5:00-5:45 Basic/Novice Juniors
5:45-6:30 Intermediate/Advanced Juniors
6:30-7:00 Kobudo All Ranks
7:00-7:30 Advanced Kobudo (Green and Above ONLY STAY full hour)

Thursday

- 4:35-5:00 Grasshoppers
5:00-5:45 Basic/Novice Juniors
5:45-6:00 Doshi Kai ONLY: Shorin Ryu
6:00-6:45 Intermediate/Advanced Juniors
6:45-7:45 Teen/Adult All Rank

Saturday

- 9:15-9:45 Grasshoppers
9:45-10:30 All rank Juniors/Teens/Adult
10:30-11:00 Kobudo
11:00-12:00 Adult Advanced Class and Doshi Kai Black Belts only

Basic = White, Purple, Yellow

Novice = Orange, Blue

Intermediate = Green, First 2 Brown

Advanced = last Brown and Black

Note: **Doshi Kai** students can train in class one belt above rank