



Schedule Effective August 31, 2020

Monday

- 5:45-6:30 All rank juniors
6:45-7:45 Teen/Adult All Rank Self-defense Applications (*invitation only*)

Tuesday

- 4:35-5:00 **Grasshoppers**
5:00-5:45 Junior Basic/Novice
5:45-6:30 Intermediate/Advanced
6:30-6:45 Doshi Kai GOJU only
6:45-7:45 Teen/Adult/Instructor Black Belts

Wednesday

- 5:45-6:30 All Rank Juniors
6:30-7:00 **Kobudo All Ranks**
7:00-7:30 Advanced **Kobudo** (Green and Above ONLY STAY full hour)

Thursday

- 4:35-5:00 **Grasshoppers**
5:00-5:45 Junior Basic/Novice
5:45-6:30 Intermediate/Advanced Juniors
6:30-6:45 Doshi Kai SHORIN RYU Only
6:45-7:45 Teen/Adult All Rank

Saturday

- 9:30- 10:00 **Grasshoppers**
10:00-10:45 All rank Juniors/Teens/Adult
10:45-11:15 **Kobudo**
11:15-12:00 Adult Advanced Class and Doshi Kai Black Belts only

Basic = White, Purple, Yellow

Novice = Orange, Blue

Intermediate = Green, First 2 Brown

Advanced = last Brown and Black

Note: **Doshi Kai** students can train in class one belt above rank