



September 2026

KAIZEN Academy

Martial Arts 改善



Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 Happy Birthday Wes! 	1 Regular Classes	2 Regular Classes Self-Defense Class	3 Regular Classes	4 No Classes 	5 DOJO CLOSED
6 	7 DOJO CLOSED 	8 Regular Classes	9 NO Classes Self-Defense Class	10 Regular Classes Happy Birthday Shihan!	11 No Classes Happy Birthday Waka-Shihan!	12 Tai Chi Shidokan USA Tournament Boxboro, MA
13	14 Regular Classes 	15 Regular Classes Happy Birthday Audrey!	16 Regular Classes Happy Birthday Hudson! Self-Defense Class	17 Regular Classes	18 Special event National Day	19 Tai Chi
20 Happy Birthday Skylar! 	21 Regular Classes 	22 Regular Classes	23 Regular Classes Self-Defense Class	24 Regular Classes	25 No Classes	26 Tai Chi
27 	28 Regular Classes Happy Birthday Logan!	29 Regular Classes NATIONAL COFFEE DAY	30 Regular Classes Self-Defense Class	1 Regular Classes 	2 No Classes 	3 Tai Chi

September 5th through 7th—Dojo Closed for Labor Day Weekend
September 12th - Shidokan USA Mass State Nationals - Tournament
 Pre-Register by 9/5/2026 - sign up sheet with calendars
September 18th— Parents Night Out! 5:30-8:00pm Movie: CARS
 Pizza, Games, Dress for Comfort, Bring Pillow/Blanket - \$20 per person

Kaizen Academy Martial Arts L.L.C
 Raymond Shopping Center
 Raymond, NH 03077
 RaymondKarate.com
 Phone: 603-895-1545
 E-mail: BurnhamDojo@Gmail.com