May 2026

KAIZEN Academy Martial Arts 改善

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	27 APRIL Regular Classes	28 APRIL Regular Classes	29 APRIL Regular Classes Self-Defense Class	30 APRIL Regular Classes	1 NO Classes	2 Tai Chi Class
3	4 Regular Classes 	5 Regular Classes Happy Birthday Lucien!	6 Regular Classes Self-Defense Class	7 Regular Classes	8 TESTING	9 Tai Chi Class
10 MOTHER'S DAY	11 Regular Classes 	12 Regular Classes	13 Regular Classes Self-Defense Class	14 Regular Classes	15 NO Classes	16 Tai Chi Class
17 Shidokan Tournament	18 Regular Classes 	19 Regular Classes	20 Regular Classes Self-Defense Class	21 Regular Classes	22 NO Classes	23 Tai Chi Class
24/31 	25 DOJO CLOSED MEMORIAL DAY	26 Regular Classes	27 Regular Classes Self-Defense Class	28 Regular Classes	29 NO Classes PARENTS NIGHT OUT	30 Tai Chi Class

Testing 5/8/26—Invite Only 5:30pm

Shidokan Tournament: Come compete and meet other student's from different Dojo's

Parent's Night Out 5/29/26 - Movie: Toy Story II

Wear comfy clothes! (pillow/blanket optional-encouraged)

6:00pm-8:15pm, Pizza, Water/Juice, cost $20/person

Sign Up/RSVP

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